

Weekly Paycheck Planner

A simple faith-based worksheet to help you pray, plan, and stop wondering where your paycheck went.

Use this before payday or the day your paycheck arrives.

Write down what came in, what must go out, and what you want to protect before the week gets busy.

Pray before you plan

List your paycheck amount

Pay bills on purpose

Plan food, gas, giving, savings, and debt

Choose one money boundary for the week

"The plans of the diligent lead surely to abundance." - Proverbs 21:5

Print this page weekly or save it as a repeatable payday routine.

Weekly Paycheck Planner

Plan your paycheck before the week spends it for you.

Paycheck Date: _____	Week Of: _____
Main Money Goal This Week: _____	

Prayer Before I Plan

Lord, give me wisdom, discipline, peace, and clarity with this paycheck. Help me honor You, take care of what matters, and make wise choices this week. Amen.

Paycheck Snapshot

Money Category	Planned Amount	Actual Amount
Paycheck / Income Received	\$	\$
Giving / Tithe	\$	\$
Savings / Emergency Fund	\$	\$
Bills Due This Week	\$	\$
Debt Payments	\$	\$
Groceries, Gas, and Needs	\$	\$
Spending Money / Buffer	\$	\$

Bills to Pay This Week

Bill	Due Date	Amount	Paid?
		\$	[]
		\$	[]
		\$	[]
		\$	[]
		\$	[]

Weekly Spending Tracker

Use this page to check your plan before small purchases add up.

Weekly Spending Plan

Day	Planned Spending	Actual Spending	Notes
Monday	\$	\$	
Tuesday	\$	\$	
Wednesday	\$	\$	
Thursday	\$	\$	
Friday	\$	\$	
Saturday	\$	\$	
Sunday	\$	\$	

Faith + Money Check-In

Money Boundary: This week I will not impulse spend on: _____

Gratitude: One way God provided or gave me wisdom this week: _____

Next Paycheck Reminder: One thing I want to remember before I spend again: _____

Quick rule: Before you buy something unplanned, pause and ask: Does this help my household, my peace, or my purpose this week?

7-Day Paycheck Peace Challenge

Use this simple checklist with your planner to protect your paycheck all week.

Day	Small Step	Done
Day 1	Pray before you spend. Write down your paycheck amount and bills due.	[]
Day 2	Pay or schedule the most important bill first.	[]
Day 3	Choose one no-spend category for the rest of the week.	[]
Day 4	Check your grocery, gas, and household spending before buying extras.	[]
Day 5	Move even a small amount toward savings or debt if you can.	[]
Day 6	Look for one place to cut back without feeling deprived.	[]
Day 7	Review what worked, thank God for provision, and plan one improvement.	[]

Paycheck Reflection

What worked with my paycheck this week?

What felt stressful?

What is one small change I will make next payday?

Remember: The goal is not a perfect paycheck. The goal is a more peaceful, honest, and intentional plan with the money God has placed in your hands.